



OPTIMIZATION OF PERFORMANCE AND HUMAN POTENTIAL



A FORTHEM GRADUATE PROGRAM by UBE

KEY THEMES

- Human performance optimization in sports, health, and beyond
- Interdisciplinary research methods (psychophysiology, psychometrics, interviews...)
- Scientific innovation and knowledge transfer in sport

INTERNATIONAL & CROSS-SECTOR OPENING



Courses and
conferences in English



Involvement of
international experts



Final Summer School
hosted in elite national
sports training centers

Programme Structure

- **Winter School (January)** – Research methods & fundamentals
- **Webinars** – Applied perspectives from academic and professional experts
- **Summer School (July)** – Scientific valorization & translational research, held in a high-performance national training center
- **Open to Master's students from Psychology, Sport science, and related fields**

**Empowering the next
generation of researchers
and sport scientists to
optimize human potential
and performance through
interdisciplinary science
and real-world impact.**

A Research-Based, Interdisciplinary Programme

Jointly led by Psy-DREPI
and CAPS-INSERM laboratories

Combining sport psychology,
neuroscience and sports science

GET INVOLVED !



» Learn to publish, innovate,
and transfer your Master's
research

» Prepare for PhD, applied careers,
or interdisciplinary collaboration